



## PROCLAMATION

### MAY IS MENTAL HEALTH MONTH - MAY 2016

WHEREAS, Mental Health Month has been observed since 1949 to raise awareness of mental health conditions and the importance of mental health; and

WHEREAS, we are all affected by mental health, and one in five people experience mental health condition each year; and

WHEREAS, good mental health is essential to the overall health and emotional wellbeing of all children, youth, adults and families; and promotes a healthy community

WHEREAS, increased focus on the prevention of mental health conditions and substance use disorders among children and adolescents through screening and early intervention helps improve lives, and

WHEREAS, the stigma against mental health conditions remains one of the greatest barriers to improving the lives of all Coloradans through better mental health; and

WHEREAS, mental illnesses and substance use disorders are treatable, and recovery is possible when appropriate treatment services are available and accessible; and

WHEREAS, the citizens of the City of Edgewater may be affected by mental illness regardless of age, gender, race, ethnicity, religion or economic status, and

WHEREAS, the City of Edgewater is dedicated to improving the health and wellbeing of its citizens by ending stigma and focusing on the integrated role of mental health in all our lives,

**THEREFORE**, I, Kristian A. Teegardin, Mayor of the City of Edgewater, do hereby proclaim May 2016, as Mental Health Month and call upon all citizens, government agencies, public and private institutions, businesses, and schools to recommit our communities and resources to increasing awareness and understanding of mental health, providing appropriate and accessible services for all citizens, and making mental health a priority.

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Kris Teegardin, Mayor

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Date